

SIMON METH EXECUTIVE COACH

Let's face it, you're a successful executive or entrepreneur and you've accomplished a great deal. But there is something nagging at you, some area of your life where you are not completely satisfied. Perhaps your career or business has stagnated? Perhaps you're not leaping out of bed in the morning with quite the same enthusiasm as you did just a few years ago? Perhaps you find yourself mustering the energy to head to the office in the morning? Or perhaps it's something else for you?

What is it that's not working the way you'd like it to work? Think for a moment or two. Admit this one thing to yourself and write it down.

You've just taken the first step in creating a breakthrough for yourself in this area: acknowledging, perhaps for the first time, that this issue exists for you.

Now ask yourself the following question: Am I committed to transforming this area of my life?

If you are, then perhaps we should talk. If you're not then that is just fine. Just be straight with yourself that you're not committed to transforming that area and let it be.

HOW DO WE GET STARTED?

The best way for us to get started is to schedule a 60-minute meeting so that we can discuss the key issue you identified. At the end of our meeting we'll have spent a fun and enjoyable hour together. We may choose to move forward and work together or perhaps not.

Please call me at 619-303-7094 or email me at simon@martinandsimon.com